



ASHA

ASHTAMGAM & SPARSH HEALING APPROACH
A CENTRE FOR INTEGRATIVE DERMATOLOGY

INTEGRATIVE PSORIASIS CARE

Experience the best of

AYURVEDA | MODERN MEDICINE | YOGA | NATUROPATHY
DIET AND NUTRITION | FUNCTIONAL MEDICINE



ASHTAMGAM

AYURVEDA CHIKITSALAYAM & VIDYAPEEDHAM
VAVANOOR, KOOTTANAD - PALAKKAD 679533

☎ 0466 237 2000 | ☎ 828137 2000



SPARSH

SKIN CLINIC, NEW DELHI

[HTTPS://SPARSHSKINCLINIC.COM/](https://sparshskinclinic.com/)



Meet Our Team



Dr. AMAN SHARMA

MBBS, DNB (Dermatology, Venereology, Leprology), Masters in clinical Dermatology- M.Derm(Skin institute Delhi), Obs. (Aesthetic surgery), FLLS (Fellowship in Laser and Skin surgery)
Founder and Chief physician, Sparsh Skin Clinic, New Delhi



Dr. JISHNU NARAYANAN

BAMS, MD (Ay)
Associate professor | HOD
Department Of AGADA TANTRA
Consultant - Ayurveda Skin Care



Dr. ANILA M K

BAMS, MD (Ay), YIC, CSM (Smriti Meditation)
Assistant Professor,
Department of AGADA TANTRA
Consultant - Ayurveda Skin care, Yoga and Smriti Meditation



Dr. MANOJKUMAR K

BAMS MD (Ay)
Professor | HOD
Department of KAYA CHIKITSA.
Consultant - Ayurvedic Medicine



Dr. DHANYA C P

BAMS, MD (Ay), YIC, CSM (Smriti Meditation)
Professor | HOD
Department of SWASTHAVRITTA & YOGA
Consultant - Ayurveda diet & Nutrition, Yoga, Smriti meditation

“ASHTAMGAM AYURVEDA MEDICAL COLLEGE AND HOSPITAL IS COLLABORATING WITH SPARSH SKIN CLINIC, NEW DELHI TO HELP HEAL IN AN INTEGRATIVE WAY. SPECIALIST DOCTORS FROM DIFFERENT MEDICAL FIELDS ARE JOINING HANDS TO DELIVER PATIENT CENTRIC HOLISTIC SKIN CARE



ASHTAMGAM
AYURVEDA CHIKITSALAYAM & VIDYAPEEDHAM
VAVANOUR, KOTTANAD - PALAKKAD 679533
☎ 0466 237 2000 | 📞 828137 2000



SPARSH
SKIN CLINIC, NEW DELHI
[HTTPS://SPARSHSKINCLINIC.COM/](https://sparshskinclinic.com/)



Centre for Integrative Management of Psoriasis

- HOLISTIC APPROACH FOR DERMATOLOGY
- DETOX PROGRAMS WITH AYURVEDIC PRINCIPLES
- SYMPTOMATIC MANAGEMENT WITH MODERN MEDICINE WHERE EVER NECESSARY
- SPECIFIC RASAYANA CHIKITSA FOR PSORIASIS
- YOGA AND NATUROPATHY CARE
- PERSONALISED DIET AND NUTRITIONAL SUPPLY
- SMRITI MEDITATION TECHNIQUES
RELEAVING INTERNAL TRIGGERS

**CONSULT AND RECIEVE
INTEGRATED CARE FROM
EXPERTS OF VARIOUS
MEDICAL FIELD**



WHAT STANDS UNIQUE !

**Reduce dependency on
medicines**

Minimise risks of side-effects

**Working towards longer
remission**

**Designing personalised
treatment for you**

**Going natural; Minimum
chemicals**



ASHTAMGAM
AYURVEDA CHIKITSALAYAM & VIDYAPEEDHAM
VAVANOOR, KOOTTANAD - PALAKKAD 679533
0466 237 2000 | 828137 2000



SPARSH
SKIN CLINIC, NEW DELHI
[HTTPS://SPARSHSKINCLINIC.COM/](https://sparshskinclinic.com/)



CENTRE FOR INTEGRATIVE DERMATOLOGY



ASHTAMGAM

AYURVEDA CHIKITSALAYAM & VIDYAPEEDHAM
AYURVEDA MEDICAL COLLEGE & HOSPITAL
VAVANOOR-KOOTTANAD, PALAKKAD 679 533
www.ashtamgam.org | 0466 2372000



SPARSH

SKIN CLINIC, NEW DELHI

[HTTPS://SPARSHSKINCLINIC.COM/](https://sparshskinclinic.com/)

For more details

☎ 0466 237 2000 | ☎ 828 137 2000

Don't hide, just face the world with



CENTRE FOR INTEGRATIVE DERMATOLOGY



SCAN HERE!

<https://ashtamgam.org/asha-centre-for-integrative-dermatology/>

CLICK HERE

